

Dear Patients

Spinal/Extremity Physical Therapy

Physical Therapy is performed at the CALEO Health Spine Center. Dedicated physical therapists exclusively manage patients with spinal and extremity disorders. These include pre/post surgical, cervical, thoracic, and lumbar disc pathology, degenerative conditions, fractures and extremity musculoskeletal impairments. A wide range of modalities are available, including McKenzie extension exercises, strength/stabilization programs, acupuncture, soft tissue and joint mobilization and manipulation, aerobic conditioning, back care classes and education on prevention.

Please note that you are not required to attend physiotherapy at our clinic. If physiotherapy is appropriate, you can go to a physiotherapist of your choice. Our clinic focuses on a team approach with rapid referral to spine physicians and surgeons if problems arise during your therapy.

The Calgary Health Region does not cover physiotherapy visits at our clinic and the cost for a physiotherapy consult is \$50.00. In the case that you are seen by one of our physiotherapist an invoice will be provided to you. If applicable, you may submit the invoice to your extended health insurance for reimbursement. Thank you for visiting CALEO Health.